

REPORT OF NSS ACTIVITIES DURING THE ACADEMIC YEAR 2015-2016

1.CONVENING OF ADVISORY BOARD(02.06.2015)

A meeting of the NSS advisory board for the year 2014-2015 was convened at Principal's chamber. Principal Dr.Varughese P. Daniel presided over the meeting. Various department heads and senior programme officers were present in the meeting. The Programme Officers chalked out the plan of action for the academic year.

2 .ENVIRONMENT DAY CELEBRATIONS- Haritham(05.6.2015)

Meeting was organised in connection with Environment Day Celebrations. The volunteers planted saplings in the campus under the auspicious of NSS Unit.

3.REFRESHER CLASS- Navodhanam(14.06.2015)

Refresher class for the senior volunteers was organised on 14th june. Class was taken By Rev.Fr.George Mathew (Dept. Of Syriac) on the topic *Moving Ahead Together*. 86 volunteers attended the refresher class.

4.ESSAY WRITING (04.08.2015)

The newly enrolled volunteers took part in the Writing competition organised by the NSS Unit intended to know the role that one can play to change the society. 80 volunteers participated in it.

5. TRAINING PROGRAMME FOR P.O (Sep.3 to Sep.9,2015)

Mr.Sandhu John Sajan, Programme Officer attended a Seven daytraining programme on NSS at ETI, Rajagiri.

6. NSS DAY(24TH SEPT.)

The volunteers began the day with the NSS anthem. The theme of the song was also spread among all the students. Greetings for the Unit was made by the Principal. The volunteers also distributed sweets among themselves.

7.ORIENTATION PROGRAMME ORAGANISED BY NSS UNIT (15.9.2015)

NSS Unit organized a one day orientation programme for the First year students of the college at the college auditorium. Mr. Binu.K.Sam (Trainer,Kerala Literacy Mission)led the session. 250 students took part in it. Dr.Varughese P.Daniel(Principal), Mr. Baiju Joy(Librarian) and the programme officers led the programme.



8. ORIENTATION PROGRAMME AT ASRAYA –HOME FOR DESTITUTE

15 NSS Volunteers took part in the one day seminar organized at Asraya Kalayapuram-a home for destitute near Kottarakara in connection with the World Mental Health Week Celebrations.

9. GANDHI JAYANTHI CELEBRATIONS

The NSS Unit celebrated the day sharing the thoughts and ideas of Mahatma Gandhi. A team of 120 volunteers cleaned the College campus and maintained the college garden. Teams of volunteers also visited the nearby areas to make aware the people of the medical camp to be organised two days later. The Programme officers also took brief sessions on the values emphasised by Gandhi.

10. PROGRAMME OFFICER'S MEETING

Both the P.O 's attended the P.O Meeting at Senate Chamber, Thiruvananthapuram on OCTOBER 17 and 18.

11. COMMUNITY-CAMPUS PARTICIPATION

The NSS Volunteers surveyed 70 houses in the Maloor Village, the village in which the college existed. The aim was to understand the health, education atmosphere in the area where the college existed. The survey analysed the problems of the villagers.

12. AWARENESS PROGRAMME ON ORAL CANCER

NSS Volunteers took part in the awareness class organized at Regional Cancer Centre, Trivandrum.

13. NSS SPECIAL CAMP(Dec.18-24)

The NSS Special Camp was organised at the M.T.D.M.H.S.S, Maloor. The idea of the camp was to carry out cleaning activities in the campus and to create a student responsibility towards the society. A team of 90 volunteers attended the camp. Special classes were arranged for the volunteers. Eminent speakers like Prof.Tinu Iype Jacob, Mr.Linu Joshua and Ms.Reeju Alex(St.Stephens H.SS.,Pathanapuram) , Yoga Guru Sunith P.Abraham took part in it. The release of a hand written manuscript also took place .